

NEONATAL ABSTINENCE SCORING SYSTEM

Modified Finnegan Neonatal Abstinence Score Sheet¹¹

System	Signs and Symptoms	Score	AM						PM						Comments		
Central Nervous System Disturbances	Excessive high-pitched (or other) cry <5 mins	2															
	Continuous high-pitched (or other) cry >5 mins	3															
	Sleeps <1 hour after feeding	3															
	Sleeps <2 hours after feeding	2															
	Sleeps <3 hours after feeding	1															
	Hyperactive Moro reflex	2															
	Markedly hyperactive Moro reflex	3															
	Mild tremors when disturbed	1															
	Moderate-severe tremors when disturbed	2															
	Mild tremors when undisturbed	3															
	Moderate-severe tremors when undisturbed	4															
	Increased muscle tone	1															
	Excoriation (chin, knees, elbow, toes, nose)	1															
	Myoclonic jerks (twitching/jerking of limbs)	3															
Generalized convulsions	5																
Metabolic/Vasomotor/ Respiratory Disturbances	Sweating	1															
	Hyperthermia 98.96-100.94° F	1															
	Hyperthermia >101.12° F	2															
	Frequent yawning (>3-4 times/scoring interval)	1															
	Mottling	1															
	Nasal stuffiness	1															
	Sneezing (>3-4 times/scoring interval)	1															
	Nasal flaring	2															
	Respiratory rate >60/min	1															
	Respiratory rate >60/min with retractions	2															
Gastrointestinal Disturbances	Excessive sucking	1															
	Poor feeding (infrequent/uncoordinated suck)	2															
	Regurgitation (≥2 times during/post feeding)	2															
	Projectile vomiting	3															
	Loose stools (curds/seedy appearance)	2															
	Watery stools (water ring on diaper around stool)	3															
	Total Score																
	Date/Time																
Initials of Scorer																	